

Important opportunity to have your voice heard on money, mental health and becoming an adult

What is the opportunity? We want to work with young people like you in Bradford aged 14-24 to help design policy to improve young people's mental wellbeing. We want to know about the challenges you face and whether you think Universal Basic Income, which would guarantee everyone a regular income, would affect young people's mental wellbeing.

Why is this important? Your generation is facing challenges that did not affect your parents and grandparents when they were young. As such, your voice needs to be heard by politicians and this is your opportunity to do so!

Who can take part? If you are aged 14-24 and living in Bradford, we want to hear from you. Everyone is welcome and we especially want to hear from anyone living with any form of disability, impairment or long-term health condition.

What will I receive for taking part? We will reward you with up to £100 in Love2Shop vouchers depending on your level of involvement.

What do I do if I'm interested? Please read the information sheet [here](https://bit.ly/3bDOmpQ) (bit.ly/3bDOmpQ) which tells you how to take part. You will then be sent a link to a screening and consent survey. We will give you £5 in Love2Shop vouchers for completing this 15-minute survey, which will focus on basic details about your circumstances and wellbeing. The deadline to complete the first survey is Sunday, 14th November 2021.

What happens after that? We will organise online group workshops with people from a range of backgrounds. If there is space, we will contact you to invite you to complete a second survey before the workshops. You'll then come together online with other people around your age, to talk about money, how you get it, how it makes you feel, and what might make a difference.

Remember

- You don't need to have done anything like this before to take part.
- You can stop at any time before, during or after each of the sessions – you will still be rewarded for what you have contributed to that point.
- You will be part of an important project aimed at making young people's lives better!

If you need further information, please contact Hannah Nutting of Born in Bradford at hannah.nutting@bthft.nhs.uk who is organising the study.

This opportunity is part of 'Assessing the prospective impacts of Universal Basic Income on anxiety and depression among 14-24-year-olds', which is funded by the Wellcome Trust. This study was approved by the Faculty of Medical Sciences Research Ethics Committee, part of Newcastle University's Research Ethics Committee. This committee contains members who are internal to the Faculty. This study was reviewed by members of the committee, who must provide impartial advice and avoid significant conflicts of interests. It has been approved by the Faculty of Medical Sciences ethics committee, Newcastle University. If you have any queries regarding the broader project, please contact Daniel Nettle at daniel.nettle@newcastle.ac.uk or on 0191 208 8993.