

# Assessing the prospective impacts of Universal Basic Income on anxiety and depression among 14-24-year-olds

Protocol for objective 2: Qualitative research with young people

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Project information available at: <https://wp.lancs.ac.uk/healthcaseforubi/anxiety-and-depression-in-14-24-year-olds/>

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## Application objective summary

**Objective 2: deploy the RSA's Citizen Engagement Workshops and focus groups with disabled people to advance designs for a 'transitional UBI' for 14- to 18-year-olds and an overall scheme aimed specifically at mental health impact (measured by anxiety and depression), while also examining how to account for additional needs**

Matthew Johnson will lead Nettle, Reed, Lansley, Pickett, Elliott Johnson and the RSA to determine a series of possible payments to promote health impact for 14- to 18-year-olds and for 18+. We will examine the Joseph Rowntree Foundation's Minimum Income Standard (MIS) and the Living Wage's calculations to determine a 'basic' level and evaluate the different UK welfare configurations that may lead toward that income. We will also examine means of satisfying additional needs faced by virtue of disability (which will be Elliott Johnson's focus) and access to housing (Hirsch 2019, 4). These needs are affected by UBI's replacing conditional welfare schemes (DPAC 2019, 9), such as Universal Credit. Stewart Lansley and Howard Reed (2019) have already assessed additional payments by age and housing within their Tax Transfer Model (TTM). This preparatory work will provide a basis for RSA-led online Citizen Engagement Participatory Action Research workshops with four groups of young people with 10 participants in each. The groups will be divided by age: 14-16 (GCSE and equivalent); 16-18 (sixth form/FE/apprenticeship); 18-21 (higher education/higher apprenticeship); 21-24 (work). Participants will be recruited through ActEarly and places will be allocated to young people from a range of backgrounds and we will ensure that three places in each group are reserved for disabled people (including people with mental health conditions) to ensure that the specific challenges of supporting additional needs are examined. This Citizen Engagement will produce three UBI schemes endorsed by young people as plausible interventions. We will present the schemes for further consultation to disability rights organisations within Elliott Johnson's professional research network, such as Scope, as well as Phil Friend, on our Advisory Board. This is particularly important given that: a) disabled people are often subject to particular health needs and effects in relation to social policy (Johnson & Spring 2018); 2) face additional costs of £583 per month to have the same standard of living as their non-disabled peers (John, Thomas & Touchet 2019); 3) are key stakeholders of any welfare policy as a result of comprising approximately 21% of the population in 2018/19 (Department for Work and Pensions 2020, Table 4.2) and, 4) there is significant intersectionality between disabled people, people with long-term and multiple health conditions (including stress-related conditions (Rhode 2012)) and people with lower socioeconomic status (SES). The three endorsed schemes (starter, medium and full UBI) will form the basis for microsimulation in O3.

## Citizen Engagement Workshops

The sessions will examine three draft UBI schemes that will be subject to economic tax-transfer modelling by Landman Economics and health modelling by IMPACT<sub>NCD</sub>. The workshops will seek to examine issues that cannot be explored exclusively through quantitative methods. These issues will be identified through a review of the existing literature and of the Millennium Cohort Study data on which the modelling will be based. The workshops be held online and led by the RSA using their existing Citizen Engagement Participatory Action Research method.

There will be four groups of young people with 10 participants in each divided by age: 14-16 (GCSE and equivalent); 16-18 (sixth form/FE/apprenticeship); 18-21 (higher education/higher apprenticeship); 21-24 (work). Participants will be recruited through ActEarly and Born in Bradford and places will be allocated to young people from a range of backgrounds. Three places in each group will be reserved for disabled people (including people with mental health conditions) to ensure that the specific challenges of supporting additional needs are examined.

The citizen engagement will take the form of up to five points of data collection: 1) provision of information for informed consent and completion of a screening survey to collect basic demographic data to ensure representativeness in the study; 2) a pre-workshop survey on health, wellbeing and socioeconomic status; 3) 1 x 2 hour workshop focusing on economic sources of anxiety and depression; 4) 1 x 2 hour workshop focusing on the impact of UBI schemes; 5) a post-workshop survey and debrief. Each participant will be paid in vouchers for their participation up to a maximum of £100 if they complete the entire programme. Partial completion will be remunerated on a *pro rata* basis: £5 for the screening survey; £15 pre-workshop survey; £30 per workshop, £20 post-workshop survey.

The workshops will take place in November and December 2021. All data will be anonymised and stored on secure servers at Lancaster University and the University of York.

Ethical approval will be sought in late September 2021 from Newcastle University's Faculty of Medical Sciences (FMS) Research Ethics Committee.

### Recruitment targets

We will seek to ensure representativeness within the groups using the following recruitment targets. As the groups are small, the differences between achieving local and national representativeness are too small as to require substantively distinct targets. The targets are intended to ensure that a variety of experiences and perspectives are included.

<b>At least .. young people who are....</b>	<b>14-16</b>	<b>16-18</b>	<b>18-21</b>	<b>21-24</b>
Living with a disability or disabilities	3	3	3	3
Male	5	5	5	5
Female	5	5	5	5
Young people from Asian ethnic background <sup>1</sup>	3	3	3	3
In full-time work <sup>2</sup>	0	2	3	7
In part-time work	1	1	3	2
In full time education	10	9	5	1
Unemployed	0	2	1	2
Claiming Universal Credit and in work <sup>3</sup>	0	0	1	1
Claiming Universal Credit and looking for work <sup>4</sup>	0	1	2	2
Living independently in rented accommodation <sup>5</sup>	0	0	3	2

<sup>1</sup> Note: according to Census data, 34% of young people aged 15-24 in Bradford were of Asian ethnic background in 2011

<sup>2</sup> Work statistics based on LFS data for West Yorkshire.

<sup>3</sup> Based on DWP Stats X-plore data June 2021 and population estimates for mid-2020: 1% of 17- to 18-year-olds, 7% of 19- to 21-year-olds and 10% 22- to 24-year-olds claiming Universal Credit and in work

<sup>4</sup> Based on DWP Stats X-plore data June 2021 and population estimates for mid-2020: 5% of 17- to 18-year-olds, 19% of 19- to 21-year-olds and 18% 22- to 24-year-olds claiming Universal Credit and not in work

<sup>5</sup> Based on LFS data for West Yorkshire.

Living in supported accommodation				
Living in temporary accommodation				
Young people in receipt of disability related benefits	1	1	1	1

#### UK level representativeness

<b>At least .. young people who are....</b>	14-16	16-18	18-21	21-24
Living with a disability or disabilities	3	3	3	3
Male	5	5	5	5
Female	5	5	5	5
Young people from Asian ethnic background	2	2	1	1
In full-time work	0	1	3	7
In part-time work	1	3	3	2
In full time education	10	10	6	2
Unemployed <sup>6</sup>	1 <sup>7</sup>	1	1	1
Claiming Universal Credit and in work <sup>8</sup>	0	0	1	1
Claiming Universal Credit and looking for work		1	1	1
Living independently in rented accommodation	0	1	1	2
Living in supported accommodation				
Living in temporary accommodation				
Young people in receipt of disability related benefits	1	1	1	1

#### Workshop timetable

<b>Age group</b>	<b>Workshop 1</b>	<b>Workshop 2</b>
21-24	Monday 29 <sup>th</sup> November	Monday 13 <sup>th</sup> December
18-21	Wednesday 1 <sup>st</sup> December	Wednesday 8 <sup>th</sup> December
16-18	Thursday 2 <sup>nd</sup> December	Thursday 9 <sup>th</sup> December
14-16	Monday 6 <sup>th</sup> December	Wednesday 15 <sup>th</sup> December

<sup>6</sup> Based on ILO definition of 'without a job, have been actively seeking work in the past four weeks and are available to start work in the next two weeks.'

<sup>7</sup> Among 14-16 cohort, 2.6% (0.32 participants proportionally) are unemployed. However, this rises to 8.2% for 16-year-olds, so have included one to capture their experiences.

<sup>8</sup> The national Universal Credit proportions are based off GB numbers (both claimants and population) as Northern Ireland administers its benefits separately and the DWP does not keep statistics for it.

## Draft UBI schemes

All adult schemes would deliver a guaranteed, non-means-tested income floor. All would create a dual benefit system, a mix of universalism and means- and needs-testing. However, the levels of means- and needs-testing would differ between schemes 1 and 2 and model 3. Model 3 seeks to meet the Minimum Income Standard (MIS) that is consistent with the notion of UBI as a means of meeting basic needs, but does not meet needs attendant to disability. Means of managing needs not satisfied within the schemes will be suggested as part of the publications arising from the project.

Schemes 1 and 2 arise from modelling conducted as part of Lansley and Reed (2019). We do not have funding to update those schemes as part of this project. Model 3, which is discussed in Johnson, et al. (2021) will be modelled for tax-transfer impact by Landman as part of this project. All schemes will then be modelled for impact on anxiety and depression by IMPACT<sub>NCD</sub> at Liverpool University.

All schemes for young people from their 14<sup>th</sup> to their 18<sup>th</sup> birthdays will consist of £40 weekly payments. We will examine through the RSA Citizen Engagement Workshops payment of 1) 100% to parent, 2) 50% parent and 3) 50% to child and 100% to child.

Each 18+ scheme will be modelled for impact on 1) households and 2) individuals.

### *Scheme 1: Low, introductory scheme*

- Tier 1: An unconditional, guaranteed Universal Basic Income (UBI) of £60 per adult (18+) per week
- Tier 2: A conditional system that assesses people's needs (disability, unemployment, etc.) and means (savings, wealth, etc.) to supplement UBI payments through Universal Credit and disability related benefits (Personal Independence Payment (PIP), Disability Living Allowance (DLA), etc.) locally assessed costs (rent, Council Tax, childcare, school dinners, etc.)
- The first £25 of UBI is disregarded for the assessment of Universal Credit/tax credits/means-tested benefits, so that each household – including those whose only income is from Universal Credit or benefits/tax credits – gets an income boost from the UBI programme.

### *Scheme 2: intermediate scheme*

- Tier 1: An unconditional, guaranteed Universal Basic Income (UBI) of £145 per adult (18+) per week
- Tier 2: A conditional system that assesses people's needs (disability, unemployment, etc.) and means (savings, wealth, etc.) to supplement UBI payments through Universal Credit and disability related benefits (Personal Independence Payment (PIP), Disability Living Allowance (DLA)) locally assessed costs (rent, Council Tax, childcare, school dinners, etc.)
- The first £25 of UBI is disregarded for the assessment of Universal Credit/tax credits/means-tested benefits, so that each household – including those whose only income is from Universal Credit or benefits/tax credits – gets an income boost from the UBI programme.

### *Scheme 3: MIS guarantee scheme*

- Tier 1: An unconditional, guaranteed Universal Basic Income (UBI) of £229.81 per adult (18+) per week to meet Minimum Income Standard (MIS) levels for 2021: <https://www.jrf.org.uk/report/minimum-income-standard-uk-2021>

- Tier 2: A conditional system that supports disability-related needs (Personal Independence Payment (PIP), Disability Living Allowance (DLA),) and locality-specific costs (housing, council tax, childcare, school dinners, etc.)
- All other benefits, including Carers Allowance, to be removed
- Because of the commitment to MIS, Council Tax Costs are included, but with a commitment to suggest alternative, non-regressive means of funding local authority costs
- Because of extreme geographical variation, housing, childcare and school meal costs will be excluded, but alternative means of meeting those costs developed through the Citizen Engagement Workshops
- For reasons of complexity and political expedience, needs-based disability benefits remain, but with reformed assessment, with suggestions on reforms to be developed in consultation with disabled participants in the Citizen Engagement Workshops and disability rights organisations

### Schemes in comparison

Table 1. Size of payments by individual

Benefit unit type	Scheme 1	Scheme 2	Scheme 3
Under 18s	£40.00	£40.00	£40.00
Single working age person	£60.00	£145.00	£229.81
Lone parent with two under 18s	£140.00	£225.00	£410.74
Couple with two with two under 18s	£200.00	£370.00	£511.39

### References

Johnson, M. T., Johnson, E. A., Webber, L., Friebel, R., Lansley, S., Reed, H. & Wildman, J. (2021) 'Modelling the size, cost and health impacts of Universal Basic Income: What can be done in advance of a trial?', *Health Services & Outcomes Research Methodology*. DOI: [10.1007/s10742-021-00246-8](https://doi.org/10.1007/s10742-021-00246-8).

Lansley, S. & Reed, H. (2019) *Basic Income for All: From Desirability to Feasibility*, London: Compass

### Essential areas for investigation

#### Consent and screener survey and pre-workshop survey

- Baseline level of mental health
- Baseline level of financial distress

#### Workshop 1

- How are familial financial pressures felt by young people?
- In what ways does perception of economic opportunity influence anxiety?
- What strategies do young people adopt to secure the goods they require? Where do they get money from, how does that affect relationships and how do they feel about it?
- What trade-offs or concessions do young people make in order to pursue their interests? What are the effects of those on their mental health?

- For those (if any) who receive it, how do they feel about conditionality in their present forms of state support – EMA, Disability Living Allowance/Employment Support Allowance?

#### Workshop 2

- What impact would providing a statutory cash transfer directly to young people have for those under 18?
- How would the impact of different levels of income be felt in terms of formation of priorities and behaviour in pursuit of those priorities?
- In what ways would the tax implications (increased marginal higher rates, etc. to pay for UBI) for parents and older taxpayers who generally earn more than young people affect how younger people evaluate the schemes?
- What impacts might be felt on family relationships by removing the need for direct parental support (especially for older groups)?
- In what ways might UBI affect young people's perceived level of control over their circumstances and how might that affect their mental health

#### Post-workshop survey

- Imagined level of stress under each of the schemes
- Imagined level of financial distress under each of the schemes

#### Consent and screener and pre-workshop questionnaires

Survey 1: Consent and screening survey: Money, mental health and becoming an adult

#### **Survey Flow**

Block: Introduction and consent (1 Question)

Standard: 14-17 details (1 Question)

Standard: 18+ details (1 Question)

Standard: Do not consent (1 Question)

Branch: New Branch

If

If This study is only suitable for people aged 14-24. If you are aged 14-17, please ask your parent... I do not wish to take part in this study, am not within the required age group or I look after a 14- to 17-year-old and do not consent to them taking part Is Selected

EndSurvey: Advanced

EmbeddedData

age = \${q://QID9/ChoiceTextEntryValue}

Standard: Date of birth (1 Question)

Standard: Age calculation (1 Question)

Branch: New Branch

If

If Age (Please ignore this and do not change the number, it helps the survey to function. If the pag... Text Response Is Greater Than or Equal to 25

Or Age (Please ignore this and do not change the number, it helps the survey to function. If the pag... Text Response Is Less Than or Equal to 13

EndSurvey: Advanced

Standard: Gender (1 Question)

Standard: Ethnic group (1 Question)

Standard: Religion (1 Question)

Standard: Education and employment (1 Question)

Standard: 18+ personal state benefits (1 Question)

Standard: 16-17 personal state benefits (2 Questions)

Standard: 14-15 personal state benefits (2 Questions)

Standard: 16+ chief earner state benefits (1 Question)

Standard: 14-15 chief earner state benefits (1 Question)

Standard: Household income (1 Question)

Standard: Accommodation (1 Question)

Standard: Long-term conditions (1 Question)

Standard: Impairments (1 Question)

Standard: Disability (1 Question)

Standard: Submission confirmation (1 Question)

Page Break

**Q1.1 This study is only suitable for people aged 14-24. If you are aged 14-17, please ask your parent or guardian to read this page and confirm that it is okay for you to take part.**

This first consent and screening survey is intended to help us make sure you understand the study, what is involved and whether it is suitable for you. There are around 20 multiple choice questions and it should take around 15 minutes to complete. The study aims to understand the impact of young people's social and economic circumstances on their mental wellbeing. Further information about the overall study and a copy of this information can be found [here](https://bit.ly/3k2kybc) (bit.ly/3k2kybc).

Social and economic circumstances include how much money people and their families receive each month, how they see their future in education or work, how they engage with the welfare system through benefits like Universal Credit, and where people fit into society. Mental wellbeing is how you feel about yourself and your life in emotional terms. Aspects of mental wellbeing include feelings of anxiety about life, how people view their ability to control their lives, whether they feel optimistic about their lives and how much they value themselves.

We want to understand whether Universal Basic Income might reduce anxiety and depression among 14- to 24-year-olds. Universal Basic Income is a regular, secure payment that ensures that people have money to pay for basic needs (food, etc.) whether they are in work or not. The research we are conducting aims to present evidence about this new policy to policymakers, such as politicians. As such, your views are extremely important and we value the ideas you share with us.

Following this consent and screening survey, the study will include an initial questionnaire, two 2-hour Citizen Engagement Workshops and a final questionnaire. All activities will be held online. The workshops will consist of around 10 people of your age from your city. Discussions in the workshops will be facilitated to ensure that everyone gets their fair say. The facilitators will ensure people are not rude or offensive and that everyone is treated fairly.

If you choose to take part, you will receive a £5 Love2shop voucher for completing this consent and initial screening survey. You will receive a further £95 in Love2shop vouchers as a thank you for completing the whole study. If you were to take part and then withdraw before the end, you would receive an amount of vouchers based on which stages you had completed.

The study is being conducted by Daniel Nettle of Newcastle University, the Royal Society of Arts, Matthew Johnson and Elliott Johnson of Lancaster University, Kate Pickett of the University of York and Hannah Nutting of Born in Bradford. This study was approved by the Faculty of Medical Sciences Research Ethics Committee, part of Newcastle University's Research Ethics Committee. This committee contains members who are internal to the Faculty. This study was reviewed by members of the committee, who must provide impartial advice and avoid significant conflicts of interests. The Research Ethics Committee is a group of people who make sure that studies like this are safe for everyone taking part.

If you choose to take part, we will ask for information that could personally identify you, such as your name, date of birth and contact details. This is called 'personal data'. We will also ask you for 'special category data', such as your ethnic origin, religious belief, health status and disability. We need this information to make sure that we invite a mix of people from lots of backgrounds. During

the Citizen Engagement Workshops, you will not be pressured to share information you wish to remain private.

We will store this information in accordance with the UK General Data Protection Regulation (UK GDPR) as well as the Data Protection Act 2018. To find out more about the legal requirements, please visit the Information Commissioner's Office [here](https://ico.org.uk) (ico.org.uk). Your data will be stored online via Qualtrics (privacy statement available [here](https://bit.ly/3jZzTsT) - bit.ly/3jZzTsT), which will host the survey and on Newcastle University secure servers (privacy statement available [here](https://bit.ly/3EHgaG6) - bit.ly/3EHgaG6). We will only keep your personal data for as long as is necessary for the study and will anonymise it as soon as the study ends. This will mean we delete any information that could identify you but keep the rest of the information.

The information and views you share, including 'aggregated data', such as average scores provided by all people who take part, as well as anonymised comments, will be analysed and used in publications, such as academic journal articles and reports, and presentations. This research will lead to things like policy recommendations for government. You do not have to take part and you have the right to withdraw at any time. If you would like us to delete any responses you give, we will do so as long as we can identify them as yours and the data has not yet been anonymised or included in aggregated results.

If you have any questions or would like to take part using an alternative method, please contact [recruitment coordinator] at [email address].

If you have any questions about the study more generally, contact [project lead] at [email address] or on [phone number].

- I am the parent/guardian of a 14- to 17-year-old**, I have read the information above, and I am happy for them to take part in this study (9)
- I am aged 18-24**, I have read the information above, and I am happy to take part in this study (10)
- I do not wish to take part in this study, am not within the required age group or I look after a 14- to 17-year-old and do not consent to them taking part (11)

End of Block: Introduction and consent

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Start of Block: 14-17 details

*Display This Question:*

*If This study is only suitable for people aged 14-24. If you are aged 14-17, please ask your parent... = <strong>I am the parent/guardian of a 14- to 17-year-old</strong>, I have read the information above, and I am happy for them to take part in this study*

Q2.1 Thank you for allowing the 14- to 17-year-old you look after to take part in this survey. Except for when a question specifically asks you to, please try to support the 14- to 17-year-old to answer questions rather than answering on their behalf.

Please provide your details below for our records and so we can get in touch if your 14- to 17-year-old is selected to take part.

Parent/guardian's first name(s) (1)

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Parent/guardian's last name(s) (2)

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Parent/guardian's email address (3)

---

Parent/guardians' phone number (4)

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14- to 17-year-old's first name(s) (5)

---

14- to 17-year-old's last name(s) (6)

---

14- to 17-year-old's email address (7)

---

14- to 17-year-old's phone number (8)

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End of Block: 14-17 details

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Start of Block: 18+ details

*Display This Question:*

*If This study is only suitable for people aged 14-24. If you are aged 14-17, please ask your parent... = **I am aged 18-24**, I have read the information above, and I am happy to take part in this study*

Q3.1 Thank you for your consent to take part in this project. Please provide your details below for our records and so we can get in touch if you are selected to take part.

First name(s) (1) \_\_\_\_\_

Last name(s) (2) \_\_\_\_\_

Email address (3) \_\_\_\_\_

Phone number (4) \_\_\_\_\_

End of Block: 18+ details

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Start of Block: Do not consent

*Display This Question:*

*If This study is only suitable for people aged 14-24. If you are aged 14-17, please ask your parent... = I do not wish to take part in this study, am not within the required age group or I look after a 14- to 17-year-old and do not consent to them taking part*

Q4.1 Thank you for your interest in taking part in the survey. As you do not want to take part, do not consent to the 14- to 17-year-old you look after to take part, or as you are not eligible, please click on the 'End survey' button at the bottom of the page.

If you would like us to make sure that you are not contacted again about this study, please type in the email address to which your invitation was sent so that we can remove you from all contact databases.

Email address (3) \_\_\_\_\_

End of Block: Do not consent

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Start of Block: Date of birth



Q5.1 Please type your date of birth in the box below using a DD/MM/YYYY format. For example, for 28th June 2005, type 28/06/2005.

\_\_\_\_\_

End of Block: Date of birth

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Start of Block: Age calculation



Q6.1 Age (Please ignore this and do not change the number, it helps the survey to function. If the page is stuck, please click the next button)

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End of Block: Age calculation

---

Start of Block: Gender

Q7.1 Which of the following best describes how you think of yourself?

- Female (1)
- Male (2)
- In another way, please type in below (3)

---

End of Block: Gender

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Start of Block: Ethnic group

Q8.1 What is your ethnic group?

- 1. English, Welsh, Scottish, Northern Irish or British (1)
  - 2. Irish (2)
  - 3. Gypsy or Irish Traveller (3)
  - 4. Roma (4)
  - 5. Any other White background, please type in below (5)
- 

- 1. White and Black Caribbean (6)
  - 2. White and Black African (7)
  - 3. White and Asian (8)
  - 4. Any other Mixed or Multiple background, please type in below (9)
- 

- 1. Indian (10)
  - 2. Pakistani (11)
  - 3. Bangladeshi (12)
  - 4. Chinese (13)
  - 5. Any other Asian background, please type in below (14)
- 

- 1. Caribbean (15)
  - 2. African background, write in below (16)
  - 3. Any other Black, Black British or Caribbean background, please type in below (17)
- 

- 1. Arab (18)
  - 2. Any other ethnic group, please type in below (19)
-

End of Block: Ethnic group

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Start of Block: Religion

Q9.1 What is your religion?

- No religion (1)
  - Christian (including Church of England, Catholic, Protestant and all other Christian denominations) (2)
  - Buddhist (3)
  - Hindu (4)
  - Jewish (5)
  - Muslim (6)
  - Sikh (7)
  - Any other religion, please type in below (8)
- 

End of Block: Religion

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Start of Block: Education and employment

Q10.1 Which of the following describe you?

Please select all that apply

- In full-time education (1)
  - In part-time education (2)
  - Doing an apprenticeship or other government supported training/work-experience scheme (3)
  - In full-time paid work (30 or more hours a week) (4)
  - In part-time paid work (less than 30 hours a week) (5)
  - In irregular or occasional work (6)
  - Unemployed and looking for work (7)
  - Unable to work through sickness/disability (8)
  - Doing voluntary work (9)
  - Self-employed (10)
  - A full/part-time carer (not as part of employment) (11)
  - A homemaker (12)
  - Other, please type in below (13)
- 

End of Block: Education and employment

---

Start of Block: 18+ personal state benefits

Display This Question:

*If If Age (Please ignore this and do not change the number, it helps the survey to function. If the page is stuck, please click the next button) Text Response Is Greater Than or Equal to 18*

Q11.1 Do you (or your partner if you live together) receive any of these state benefits?

Please select all that apply

- Universal Credit (1)
  - Housing Benefit (2)
  - Working tax Credit (excluding any childcare element of Working Tax Credit) (3)
  - Child tax Credit (including any childcare element of Working Tax Credit) (4)
  - Income Support (5)
  - Jobseeker's Allowance (6)
  - Employment and Support Allowance (7)
  - Carer's Allowance (8)
  - Child Benefit (9)
  - Guardian's Allowance (10)
  - Maternity Allowance (11)
  - Personal Independence Payment (this could include the car allowance known as Motability) (12)
  - Disability Living Allowance (this could include the car allowance known as Motability) (13)
  - Industrial Injury Disablement Benefit (14)
  - Another state benefit, please type in below (15)
- 
- None of these (16)
  - Don't know (17)

End of Block: 18+ personal state benefits

---

Start of Block: 16-17 personal state benefits

Display This Question:

*If If Age (Please ignore this and do not change the number, it helps the survey to function. If the page is stuck, please click the next button) Text Response Is Greater Than or Equal to 16*

*And And Age (Please ignore this and do not change the number, it helps the survey to function. If the page is stuck, please click the next button) Text Response Is Less Than or Equal to 17*

Q12.1 You may need some support from your parent/guardian to answer the next four questions.

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Display This Question:

*If If Age (Please ignore this and do not change the number, it helps the survey to function. If the page is stuck, please click the next button) Text Response Is Greater Than or Equal to 16*

*And And Age (Please ignore this and do not change the number, it helps the survey to function. If the page is stuck, please click the next button) Text Response Is Less Than or Equal to 17*

Q12.2 Do you (or your partner if you live together) receive any of these state benefits?

Please select all that apply

- Universal Credit (1)
  - Housing Benefit (2)
  - Working tax Credit (excluding any childcare element of Working Tax Credit) (3)
  - Child tax Credit (including any childcare element of Working Tax Credit) (4)
  - Income Support (5)
  - Jobseeker's Allowance (6)
  - Employment and Support Allowance (7)
  - Carer's Allowance (8)
  - Child Benefit (9)
  - Guardian's Allowance (10)
  - Maternity Allowance (11)
  - Personal Independence Payment (this could include the car allowance known as Motability) (12)
  - Disability Living Allowance (this could include the car allowance known as Motability) (13)
  - Industrial Injury Disablement Benefit (14)
  - Another state benefit, please type in below (15)
- 
- None of these (16)
  - Don't know (17)

End of Block: 16-17 personal state benefits

---

Start of Block: 14-15 personal state benefits

Display This Question:

*If If Age (Please ignore this and do not change the number, it helps the survey to function. If the page is stuck, please click the next button) Text Response Is Greater Than or Equal to 14*

*And And Age (Please ignore this and do not change the number, it helps the survey to function. If the page is stuck, please click the next button) Text Response Is Less Than or Equal to 15*

Q13.1 Please ask your parent/guardian to answer the next four questions.

---

Display This Question:

*If If Age (Please ignore this and do not change the number, it helps the survey to function. If the page is stuck, please click the next button) Text Response Is Greater Than or Equal to 14*

*And And Age (Please ignore this and do not change the number, it helps the survey to function. If the page is stuck, please click the next button) Text Response Is Less Than or Equal to 15*

Q13.2 Does your child receive any of these state benefits in their name?

Please select all that apply

Disability Living Allowance (this could include the car allowance known as Motability) (1)

Another state benefit, please type in below (2)

---

None of these (3)

Don't know (4)

End of Block: 14-15 personal state benefits

---

Start of Block: 16+ chief earner state benefits

Display This Question:

*If If Age (Please ignore this and do not change the number, it helps the survey to function. If the page is stuck, please click the next button) Text Response Is Greater Than or Equal to 16*

Q14.1 If it is someone other than you or your partner, does the chief income earner in your household receive any of these state benefits?

Please select all that apply

- Universal Credit (1)
- Housing Benefit (2)
- Working tax Credit (excluding any childcare element of Working Tax Credit) (3)
- Child tax Credit (including any childcare element of Working Tax Credit) (4)
- Income Support (5)
- Jobseeker's Allowance (6)
- Employment and Support Allowance (7)
- Carer's Allowance (8)
- Child Benefit (9)
- Guardian's Allowance (10)
- Maternity Allowance (11)
- Personal Independence Payment (this could include the car allowance known as Motability) (12)
- Disability Living Allowance (this could include the car allowance known as Motability) (13)
- Attendance Allowance (14)
- Severe Disablement Allowance (15)
- Incapacity Benefit (16)
- Industrial Injury Disablement Benefit (17)

- Pension Credit (18)
- State Retirement Pension (19)
- Bereavement Support Payment or Widowed Parent's Allowance (20)
- Armed Forces Compensation Scheme (formally War Disablement Pension), including Guaranteed Income Payments (21)
- War Widow's / Widower's Pension (and any related allowances) (22)
- Another state benefit, please type in below (23)

---

- None of these (24)
- Don't know (25)

End of Block: 16+ chief earner state benefits

---

Start of Block: 14-15 chief earner state benefits

*Display This Question:*

*If If Age (Please ignore this and do not change the number, it helps the survey to function. If the page is stuck, please click the next button) Text Response Is Greater Than or Equal to 14*

*And And Age (Please ignore this and do not change the number, it helps the survey to function. If the page is stuck, please click the next button) Text Response Is Less Than or Equal to 15*

Q15.1 Does the chief income earner in your household receive any of these state benefits?

Please select all that apply

- Universal Credit (1)
- Housing Benefit (2)
- Working tax Credit (excluding any childcare element of Working Tax Credit) (3)
- Child tax Credit (including any childcare element of Working Tax Credit) (4)
- Income Support (5)
- Jobseeker's Allowance (6)
- Employment and Support Allowance (7)
- Carer's Allowance (8)
- Child Benefit (9)
- Guardian's Allowance (10)
- Maternity Allowance (11)
- Personal Independence Payment (this could include the car allowance known as Motability) (12)
- Disability Living Allowance (this could include the car allowance known as Motability) (13)
- Attendance Allowance (14)
- Severe Disablement Allowance (15)
- Incapacity Benefit (16)
- Industrial Injury Disablement Benefit (17)

- Pension Credit (18)
  - State Retirement Pension (19)
  - Bereavement Support Payment or Widowed Parent's Allowance (20)
  - Armed Forces Compensation Scheme (formally War Disablement Pension), including Guaranteed Income Payments (21)
  - War Widow's / Widower's Pension (and any related allowances) (22)
  - Another state benefit, please type in below (23)
- 
- None of these (24)
  - Don't know (25)

End of Block: 14-15 chief earner state benefits

---

Start of Block: Household income

Q16.1 Please choose the total annual income of your household (before tax and deductions, but including any benefits/allowances).

If you aren't sure, make your best guess.

- Up to £3,599 (1)
- £3,600 - £6,599 (2)
- £6,600 - £9,599 (3)
- £9,600 - £12,599 (4)
- £12,600 - £15,599 (5)
- £15,600 - £19,199 (6)
- £19,200 - £23,999 (7)
- £24,000 - £29,999 (8)
- £30,000 - £35,999 (9)
- £36,000 - £42,999 (10)
- £43,000 - £49,999 (11)
- £50,000 - £74,999 (12)
- £75,000 or more (13)
- Don't know (14)

End of Block: Household income

---

Start of Block: Accommodation

Q17.1 Which of the following best describes the accommodation you usually live in?

- Housing owned by you, your close family (including adoptive parents) or partner (1)
- Privately rented housing (2)
- Social rented housing (council, housing association) (3)
- Supported housing, where housing is provided alongside support, supervision and sometimes care (4)
- Temporarily at a friend's or family's place informally (sofa surfing) (5)
- Foster Care (6)
- Residential Care (7)
- Emergency accommodation (such as a B&B, night shelter or winter shelter) (8)
- Rough sleeping, on transport or in transport hub (bus stop or train station), in a tent or car (9)
- Squatting (10)
- Other, please type in below: (11) \_\_\_\_\_

End of Block: Accommodation

---

Start of Block: Long-term conditions

JS

Q18.1 Do you have any physical or mental health conditions or illnesses lasting or expected to last 12 months or more?

[Click here if you need help answering this question](#)

It's up to you how you answer this question. If you believe you have a physical or mental health condition or illness that will last 12 months or more, select "Yes".

Remember to include physical or mental health conditions: that are not curable, even if medication or treatment can control symptoms that you're likely to have for the rest of your life that flare up from time to time, even if the flare up doesn't last 12 months, for example, eczema that may not be perceived as serious and don't affect day-to-day activities, but are still long lasting that are managed by treatment and lifestyle adjustments and don't affect day-to-day activities, but are still long lasting Please don't include temporary conditions, however serious they might be.

[Click here for examples of conditions or illnesses](#)

Below are some examples of health conditions or illnesses. Sensory conditions, for example, sight and hearing loss Mental health conditions or illnesses, for example, anxiety, depression and eating disorders Developmental conditions, for example, Autism Spectrum Disorder (ASD), which includes Asperger syndrome, and Attention Deficit Hyperactivity Disorder (ADHD) Genetic conditions, for example, Down syndrome and cystic fibrosis Learning impairments, for example, dyslexia and processing issues Heart and other circulatory conditions, for example, heart disease and high blood pressure (hypertension) Respiratory conditions, for example, asthma Digestive conditions, for example, irritable bowel syndrome (IBS) and Crohn's disease Seasonal conditions that recur or are expected to recur in the future, for example, hay fever If you don't have any health conditions, or if any you do have are not expected to last 12 months or more, select "No".

Yes (1)

No (2)

End of Block: Long-term conditions

---

Start of Block: Impairments

*Display This Question:*

*If Do you have any physical or mental health conditions or illnesses lasting or expected to last 12... = Yes*

Q19.1 Do any of these conditions or illnesses affect you in any of the following areas?

Please select all that apply

- Vision (for example blindness or partial sight) (1)
- Hearing (for example deafness or partial hearing) (2)
- Mobility (for example walking short distances or climbing stairs) (3)
- Dexterity (for example lifting and carrying objects, using a keyboard) (4)
- Learning or understanding or concentrating (5)
- Memory (6)
- Mental Health (7)
- Stamina or breathing or fatigue (8)
- Socially or behaviourally (for example associated with autism, attention deficit disorder or Asperger's syndrome) (9)
- Other, please type in below (10)

---
- None of the above (11)

End of Block: Impairments

---

Start of Block: Disability

*Display This Question:*

*If Do you have any physical or mental health conditions or illnesses lasting or expected to last 12... = Yes*

JS

Q20.1 Do any of your conditions or illnesses reduce your ability to carry out day-to-day activities?

Day-to-day activities include everyday tasks, for example eating, washing, walking and going shopping.

[Click here if you need help answering this question](#)

Think about how much your current day-to-day activities are affected. Include any impact the coronavirus (COVID-19) pandemic has had on your conditions or illnesses.

Think about whether you're still affected while receiving any treatment or medication, or while using any devices for your condition or illness. For example, if you use a hearing aid and are not restricted in carrying out your day-to-day activities when doing so, select "Not at all".

Select "Yes, a lot" if you rely on support from others, such as family, friends or home help services, to carry out your current usual day-to-day activities.

- Yes, a lot (1)
- Yes, a little (2)
- Not at all (3)

End of Block: Disability

---

Start of Block: Block 20

Q21.1 If you are happy to submit your answers, please click the 'End survey' button below.

End of Block: Block 20

---

#### *22. End of survey (completed)*

Thank you for taking part in this pre-workshop survey, we appreciate your taking the time to do so. We will contact you with details about the workshops.

For further information about the overall study, including a copy of the consent sheet from the last survey, please click [here](https://bit.ly/3k2kybc) (bit.ly/3k2kybc).

If you have any questions about this survey or what happens next, please contact [recruitment coordinator] at [email address].

If you have any questions about the study more generally, contact [project lead] at [email address] or on [phone number].

#### *23. End of survey (ineligible or opt out)*

Thank you for taking part in this pre-workshop survey, we appreciate your taking the time to do so. As the study is not suitable for you or you do not want to take part, please close this window.

For more information on the study, please click [here](https://bit.ly/3k2kybc) (bit.ly/3k2kybc).

If you have any questions about this survey, please contact [recruitment coordinator] at [email address].

If you have any questions about the study more generally, contact [project lead] at [email address] or on [phone number].

Survey 2: Pre-workshop survey: Money, mental health and becoming an adult

**Survey Flow**

**Block: Introduction and consent (1 Question)**

**Standard: 14-17 details (1 Question)**

**Standard: 18+ details (1 Question)**

**Standard: Do not consent (1 Question)**

**Branch: New Branch**

If

If This survey is only suitable for people aged 14-24. If you are aged 14-17, please ask your parent... I do not wish to take part in this survey, am not within the required age group or I look after a 14- to 17-year-old and do not consent to them taking part Is Selected

**EndSurvey: Advanced**

**EmbeddedData**

age = \${q://QID9/ChoiceTextEntryValue}

**Standard: Date of birth (1 Question)**

**Standard: Age (1 Question)**

**Branch: New Branch**

If

If Age (Please ignore this and do not change the number, it helps the survey to function. If the pag... Text Response Is Greater Than or Equal to 25

Or Age (Please ignore this and do not change the number, it helps the survey to function. If the pag... Text Response Is Less Than or Equal to 13

**EndSurvey: Advanced**

**Standard: Self-reported general health (1 Question)**

**Standard: PSS-10 (1 Question)**

**Standard: PHQ-8 (1 Question)**

**Standard: GAD-7 (1 Question)**

**Standard: Diagnosed anxiety or depression (4 Questions)**

**Standard: Self-perception (3 Questions)**

**Standard: Subjective SES (3 Questions)**

**Standard: Social Comparison Scale (1 Question)**

**Standard: Concerns transitioning from education (1 Question)**

**Standard: Caring responsibilities (1 Question)**

Page Break

---

Start of Block: Introduction and consent

**Q1.1 This survey is only suitable for people aged 14-24. If you are aged 14-17, please ask your parent or guardian to read this page and confirm that it is okay for you to take part.**

Thank you for taking part in the screening and consent survey. We have looked at your responses and would like to invite you to take part in the study. The study aims to understand the impact of young people's social and economic circumstances on their mental wellbeing. Further information about the overall study, including a copy of the consent sheet from the last survey, can be found [here](https://bit.ly/3k2kybc) (bit.ly/3k2kybc).

This pre-workshop survey is intended to collect a few more details about you, your life and your wellbeing. This survey link is only for you and allows us to combine answers with those you have previously given, so please do not share it with anyone else. Some questions might look similar to each other. This is intentional, so please answer all questions as honestly as possible.

Following this survey, you will be invited to two 2-hour Citizen Engagement Workshops and a final questionnaire. All activities will be held online.

You will receive £15 in Love2shop vouchers as a thank you for taking part in this survey.

If you have any questions or would like to take part using an alternative method, please contact [recruitment coordinator] at [email address].

If you have any questions about the study more generally, contact [project lead] at [email address] or on [phone number].

- I am the parent/guardian of a 14- to 17-year-old**, I have read the information above, and I am happy for them to take part in this survey (1)
- I am aged 18-24**, I have read the information above, and I am happy to take part in this survey (2)
- I do not wish to take part in this survey, am not within the required age group or I look after a 14- to 17-year-old and do not consent to them taking part (3)

End of Block: Introduction and consent

---

Start of Block: 14-17 details

*Display This Question:*

*If This survey is only suitable for people aged 14-24. If you are aged 14-17, please ask your parent... = <strong>I am the parent/guardian of a 14- to 17-year-old</strong>, I have read the information above, and I am happy for them to take part in this survey*

Q2.1 Thank you for allowing the 14- to 17-year-old you look after to take part in this survey. Except for when a question specifically asks you to, please try to support the 14- to 17-year-old to answer questions rather than answering on their behalf.

Please provide your details below so we can match your answers with those you gave in the consent and screener survey.

Parent/guardian's first name(s) (1)

---

Parent/guardian's last name(s) (2)

---

Parent/guardian's email address (3)

---

Parent/guardians' phone number (4)

---

14- to 17-year-old's first name(s) (5)

---

14- to 17-year-old's last name(s) (6)

---

14- to 17-year-old's email address (7)

---

14- to 17-year-old's phone number (8)

---

End of Block: 14-17 details

---

Start of Block: 18+ details

*Display This Question:*

*If This survey is only suitable for people aged 14-24. If you are aged 14-17, please ask your parent... = **I am aged 18-24**, I have read the information above, and I am happy to take part in this survey*

Q3.1 Thank you for your consent to take part in this survey. Please provide your details below so we can match your answers with those you gave in the consent and screener survey.

First name(s) (1) \_\_\_\_\_

Last name(s) (2) \_\_\_\_\_

Email address (3) \_\_\_\_\_

Phone number (4) \_\_\_\_\_

End of Block: 18+ details

---

Start of Block: Do not consent

*Display This Question:*

*If This survey is only suitable for people aged 14-24. If you are aged 14-17, please ask your parent... = I do not wish to take part in this survey, am not within the required age group or I look after a 14- to 17-year-old and do not consent to them taking part*



Q4.1 Thank you for your interest in taking part in the survey. As you do not want to take part, do not consent to the 14- to 17-year-old you look after to take part, or as you are not eligible, please click on the 'End survey' button at the bottom of the page.

If you would like us to make sure that you are not contacted again about this study, please type in the email address to which your invitation was sent so that we can remove you from all contact databases:

\_\_\_\_\_

End of Block: Do not consent

---

Start of Block: Date of birth



Q5.1 Please type in your date of birth in the box below using a DD/MM/YYYY format. For example, for 28th June 2005, type 28/06/2005.

\_\_\_\_\_

End of Block: Date of birth

---

Start of Block: Age



Q6.1 Age (Please ignore this and do not change the number, it helps the survey to function. If the page is stuck, please click the next button)

---

End of Block: Age

---

Start of Block: Self-reported general health

Q7.1 How is your health in general?

- Very good (1)
- Good (2)
- Fair (3)
- Bad (4)
- Very bad (5)

End of Block: Self-reported general health

---

Start of Block: PSS-10



Q8.1 The questions in this scale ask you about your feelings and thoughts during **the last month**. In each case, please choose the option from the drop down menu that represents **how often** you felt or thought a certain way.

	Never (0)	Almost never (1)	Sometimes (2)	Fairly often (3)	Very often (4)
1. In the last month, how often have you been upset because of something that happened unexpectedly? (Q8.1_1)	<input type="radio"/>				
2. In the last month, how often have you felt that you were unable to control the important things in your life? (Q8.1_2)	<input type="radio"/>				
3. In the last month, how often have you felt nervous and stressed? (Q8.1_3)	<input type="radio"/>				
4. In the last month, how often have you felt confident about your ability to handle your personal problems? (Q8.1_4)	<input type="radio"/>				
5. In the last month, how often have you felt that things were going your way? (Q8.1_5)	<input type="radio"/>				
6. In the last month, how often have you found that you could not cope with all the things that you had to do? (Q8.1_6)	<input type="radio"/>				
7. In the last month, how often have you been able to control irritations in your life? (Q8.1_7)	<input type="radio"/>				
8. In the last month, how often have you felt that you were on top of things? (Q8.1_8)	<input type="radio"/>				
9. In the last month, how often have you been angered because of things that happened that were outside of your control? (Q8.1_9)	<input type="radio"/>				
10. In the last month, how often have you felt difficulties were piling up so high that you could not overcome them? (Q8.1_10)	<input type="radio"/>				

End of Block: PSS-10

Start of Block: PHQ-8



**Q9.1 Over the last 2 weeks, how often have you been bothered by any of the following:**

	Not at all (0)	Several days (1)	More than half the days (2)	Nearly every day (3)
1. Little interest or pleasure in doing things? (Q9.1_1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Feeling down, depressed, or hopeless? (Q9.1_2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Trouble falling or staying asleep, or sleeping too much? (Q9.1_3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Feeling tired or having little energy? (Q9.1_4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Poor appetite or overeating? (Q9.1_5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down? (Q9.1_6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Trouble concentrating on things, such as reading the newspaper or watching television? (Q9.1_7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. Moving or speaking so slowly that other people could have noticed? Or the opposite—being so fidgety or restless that you have been moving around a lot more than usual? (Q9.1_8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

End of Block: PHQ-8

Start of Block: GAD-7



**Q10.1 Over the last 2 weeks, how often have you been bothered by any of the following:**

	Not at all (0)	Several days (1)	More than half the days (2)	Nearly every day (3)
1. Feeling nervous, anxious or on edge (Q10.1_1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Not being able to stop or control worrying (Q10.1_2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Worrying too much about different things (Q10.1_3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Having trouble relaxing (Q10.1_4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Being so restless that it is hard to sit still (Q10.1_5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Becoming easily annoyed or irritable (Q10.1_6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Feeling afraid, as if something awful might happen (Q10.1_7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

End of Block: GAD-7

Start of Block: Diagnosed anxiety or depression

Q11.1 Has a doctor ever told you that you have depression or serious anxiety?

Yes (1)

No (2)

*Display This Question:*

*If Has a doctor ever told you that you have depression or serious anxiety? = Yes*



Q11.2 At what age were you first diagnosed with depression or serious anxiety?

---

---

*Display This Question:*

*If Has a doctor ever told you that you have depression or serious anxiety? = Yes*

Q11.3 Are you currently being treated for depression or serious anxiety?

- Yes (1)
- No (2)

---

*Display This Question:*

*If Are you currently being treated for depression or serious anxiety? = No*

Q11.4 Have you ever received treatment for depression or serious anxiety?

- Yes (1)
- No (2)

**End of Block: Diagnosed anxiety or depression**

---

**Start of Block: Self-perception**

Q12.1 When I find something really hard I can work out what to do

- Never (1)
  - Some of the time (2)
  - All of the time (3)
-

Q12.2 I think about how things might be in the future

- Never true (1)
  - Rarely true (2)
  - Often true (3)
  - Always true (4)
- 

Q12.3 I can see my life 10 years from now

- Never true (1)
- Rarely true (2)
- Often true (3)
- Always true (4)

End of Block: Self-perception

---

Start of Block: Subjective SES

Q13.1 Compared to your friends, is your family richer, poorer or about the same?

- Richer (1)
  - Poorer (2)
  - About the same (3)
  - Don't know (4)
- 

*Display This Question:*

*If If Age (Please ignore this and do not change the number, it helps the survey to function. If the pag... Text Response Is Greater Than or Equal to 16*

Q13.2 How well would you say you are managing financially these days? Would you say you are...?

- Living comfortably (1)
- Doing alright (2)
- Just about getting by (3)
- Finding it quite difficult (4)
- Finding it very difficult (5)

---

*Display This Question:*

*If If Age (Please ignore this and do not change the number, it helps the survey to function. If the pag... Text Response Is Greater Than or Equal to 16*

Q13.3 On a scale of 1 to 7 where 1 = 'Completely Dissatisfied' and 7 = 'Completely Satisfied', what number would best describe how dissatisfied or satisfied you are with the **income of your household**.

- 1. Completely dissatisfied (6)
- 2. Mostly dissatisfied (2)
- 3. Somewhat dissatisfied (3)
- 4. Neither satisfied nor dissatisfied (4)
- 5. Somewhat satisfied (5)
- 6. Mostly satisfied (7)
- 7. Completely satisfied (8)

**End of Block: Subjective SES**

---

**Start of Block: Social Comparison Scale**

Q14.1 Most people compare themselves from time to time with others. For example, they may compare the way they feel, their opinions, their abilities, and/or their situation with those of other people. There is nothing particularly 'good' or 'bad' about this type of comparison, and some people do it more than others.

We would like to find out how often you compare yourself with other people. To do that we would like you to indicate on a scale of 1 to 5, where 1 = 'strongly disagree' and 5 = 'strongly agree'.

	1. I disagree strongly (1)	2. (2)	3. Neither agree nor disagree (3)	4. (4)	5. I agree strongly (5)
I often compare how I am doing socially (e.g., social skills, popularity) with other people (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am not the type of person who compares often with others (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I think other people compare me to others (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

End of Block: Social Comparison Scale

---

Start of Block: Concerns transitioning from education

**Q15.1 If you have not yet left full-time education:** when you think about leaving school, college or university, what are your top three worries or concerns?

**If you have left full-time education:** what would have been most helpful to you making a successful transition into employment? Please write in up to three things that would have helped you.

---

End of Block: Concerns transitioning from education

---

Start of Block: Caring responsibilities



**Q16.1** Do you look after, or give any help or support to, anyone because they have long-term physical or mental health conditions or illnesses, or problems related to old age?

Exclude anything you do as part of your paid employment

[Click here if you need help answering this question](#)

This question is asking about unpaid care. Include any help and support you give to someone who's unwell, elderly or unable to manage on their own.

Select the option that's closest to the average time you spend helping per week.

**Include** All unpaid care you provide, including occasional help Any formally recognised unpaid care - for example, if you receive Carer's Allowance you're still considered to be providing unpaid care Any unpaid care you provide because of the coronavirus (COVID-19) pandemic **Don't include** Any hours that you work as a carer as part of a paid job Support you provide as part of an organisation taking care of older people in the community Any hours you work as a carer as part of a voluntary job

- No (1)
- Yes, 9 hours a week or less (2)
- Yes, 10 to 19 hours a week (3)
- Yes, 20 to 34 hours a week (4)
- Yes, 35 to 49 hours a week (5)
- Yes, 50 or more hours a week (6)

End of Block: Caring responsibilities

---

Start of Block: Submission confirmation

Q17.1 If you are happy to submit your answers, please click the 'End survey' button below.

End of Block: Submission confirmation

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#### *18. End of survey (completed)*

Thank you for taking part in this screening and consent survey, we appreciate your taking the time to do so. We will contact you if you are eligible to take part in the next stage of the study.

For more information on the study and a copy of the information sheet, please click [here](https://bit.ly/3k2kybc) (bit.ly/3k2kybc).

If you have any questions about this survey or what happens next, please contact [recruitment coordinator] at [email address].

If you have any questions about the study more generally, please contact [project lead] at [email address] or on [phone number].

#### *19. End of survey (ineligible or opt out)*

Thank you for taking part in this screening and consent survey, we appreciate your taking the time to do so. As the study is not suitable for you or you do not want to take part, please close this window.

For more information on the study, please click [here](https://bit.ly/3k2kybc) (bit.ly/3k2kybc).

If you have any questions about this survey, please contact [recruitment coordinator] at [email address].

If you have any questions about the study more generally, please contact [project lead] at [email address] or on [phone number].

## Discussion guides

### Workshop 1

#### 1. Introduction

Thank you for joining us today. I'm [facilitator name] and I work for the Royal Society of Arts, an organisation that aims to understand the challenges of today in order to build a future that works for everyone. What we would like to do is to understand how money affects you and people your age.

Thanks again for completing the pre-workshop survey on health, wellbeing and socioeconomic status before attending today. We have looked at those answers to understand your backgrounds and what is important to you to shape the workshop today. None of the other participants today have seen those, however, so if there's anything about your own life that you would like to share today that you mentioned in the survey, please do. No pressure though, only share what you feel comfortable with. We will be talking about some things, like how you feel about yourself and your life that could be uncomfortable.

We really want to hear your views, and your opinions are so important to the study. But if you feel uncomfortable at any point and no longer want to take part, please message me by [facilitator contact details on online platform: Teams, etc.]. If you say that you don't want to take part in the particular question, I'll make sure that I don't ask you anything directly. If you want to leave the session completely, that's absolutely fine. If you prefer just to log off, that's also fine. If you can message me beforehand, that will mean I know it's not a technical issue so I won't try to get you back online.

I just need to tell you some information now, which is important for you to understand before we continue. This workshop is being carried out by the Royal Society of Arts on behalf of a study being undertaken by Daniel Nettle of Newcastle University, the Royal Society of Arts, Matthew Johnson and Elliott Johnson of Lancaster University, and Kate Pickett of the University of York and Hannah Nutting of Born in Bradford. This study was approved by the Faculty of Medical Sciences Research Ethics Committee, part of Newcastle University's Research Ethics Committee. This committee contains members who are internal to the Faculty. This study was reviewed by members of the committee, who must provide impartial advice and avoid significant conflicts of interests. It has been approved by the Faculty of Medical Sciences ethics committee, Newcastle University. The Committee a group of people at Newcastle University who try to ensure that studies like this are safe for everyone taking part.

If you choose to take part, it is possible that we will discuss things that could personally identify you. This is called 'personal data'. We may also discuss 'special category data', things like ethnic origin, religious belief, health status and disability. You do not have to discuss any of this information, but if you do, we will store this information in accordance with the UK General Data Protection Regulation (UK GDPR) as well as the Data Protection Act 2018. The information email we sent you before the session includes links to websites that provide more information.

We will be discussing mental wellbeing, which relates to how you feel about yourself and your life. Again, please don't feel that you have to discuss or answer anything that you are not comfortable with.

We will transcribe the discussion today from a recording of the video call and use the information you provide to understand how money affects young people's lives. We will not use your name in the transcription. Your name will be replaced with a code to ensure that you are not identifiable. The videos will be stored securely on secure university servers and password protected encrypted devices until transcription has been completed. They will be deleted once transcription is completed. We will only keep your personal data for as long as is necessary for the study. This will mean we delete any information that could identify you but keep the rest of the information for use by the project team.

Analysis and direct anonymised comments will be used in publications, like articles and reports, and presentations. This research will lead to things like policy recommendations for government. You do not have to take part and you have the right to withdraw at any time. If you would like us to delete any responses you give, we will do so as long as we can identify them as yours and the data has not yet been anonymised or included in aggregated results.

You will receive £30 in Love2shop vouchers as a thank you for taking part in this workshop.

Does everyone want to continue or would anyone like to log off at this point? If you do wish to log off, please do so now. There is no need to explain your reasons for doing so, but please feel free to message me at [facilitator contact details on online platform: Teams, etc.] if you have any questions or wish to talk.

#### Workshop timings

Format	Theme	Questions	Timing
Welcome, introduction, check-in	-	<ul style="list-style-type: none"> <li>Welcome and important information</li> <li>Round of introductions – introduce yourself: your name, where you live and briefly share something you love to do in your spare time</li> <li>Potential here for additional introduction question around economic security/circumstances</li> </ul>	25 mins
Survey #1	Trade-offs and concessions  Perceptions of economic opportunity and anxiety  Strategies to secure goods	Pursuing money and interests.  Send link to form. <ul style="list-style-type: none"> <li><i>Think about the hobby or interest you have just shared with the group. Is there anything you have to sacrifice in order to pursue this interest? (i.e. time/energy spent doing other things, money etc.)</i></li> <li><i>How does making these sacrifices make you feel?</i></li> </ul> We now want to know how you get the money you need to pursue your hobbies/interests or pay for anything else you need or want. <ul style="list-style-type: none"> <li><i>If you needed money for something tonight, how would you go about getting it?</i></li> </ul>	15 mins

		<ul style="list-style-type: none"> <li>○ <i>How much do you think you would feel comfortable spending on something you need tonight?</i></li> <li>● <i>If you needed money for something next week, how would you go about getting it?</i> <ul style="list-style-type: none"> <li>○ <i>How much do you think you would feel comfortable spending on something you need next week?</i></li> </ul> </li> <li>● <i>If you needed money for something in 6 months' time, how would you go about getting it?</i> <ul style="list-style-type: none"> <li>○ <i>How much do you think you would feel comfortable spending on something you need in 6 months?</i></li> </ul> </li> </ul>	
Breakout #1  Larger groups (5 per group?)	Perceptions of economic opportunity and anxiety  Familial financial pressures	<p>How do young people get the money they need?</p> <p>Thinking about all the ways you get money for the things you need, do they allow you to do the things you want to do?</p> <p>Prompt Qs:</p> <ul style="list-style-type: none"> <li>● <i>When you do what you need to do to get your money, how does it make you feel?</i></li> <li>● <i>Does what you do to get money have any impact on your close relationships (i.e. with friends, family, carers, people at school)?</i></li> <li>● <i>Is there anything you have to sacrifice in order to get the money you need?</i></li> <li>● <i>Does getting the money you need interfere with you enjoying your interests and hobbies (such as the one you raised at the start of this meeting)?</i></li> </ul>	30 mins
Feedback and discussion	-	Feedback points from the breakout groups, encourage group discussion on the themes.	10 mins
Breakout #2  Smaller groups (2 per group)	Trade-offs and concessions	<p>Money and you</p> <p><i>We are going to ask some questions about how young people's mental health is impacted by their own and their family's money situation.</i></p> <p><i>If you feel comfortable doing so, please feel free to share any related personal experiences, but also feel free to think about how other young people might feel in these situations if that feels better.</i></p> <ul style="list-style-type: none"> <li>● <i>For older groups: If young people living independently are struggling to pay for everything a family needs, how might this make young people feel?</i></li> </ul>	20 mins

		<ul style="list-style-type: none"> <li>• <i>If parents or carers are struggling to pay for everything a family needs, how might this make young people living in the same home feel?</i> <ul style="list-style-type: none"> <li>○ <i>How might this make parents, carers or other adults in the home feel?</i></li> </ul> </li> <li>• <i>Are you concerned about how you might make enough money to live well in the future? If so, in what ways does it concern you? If not, why do you think this doesn't concern you?</i></li> <li>• <i>Do you think that your future will be affected by the money you have?</i></li> </ul>	
Breakout #3	Conditionality in state support	<p>What government can do to give us money we need.</p> <p>Currently, government support is only available to people in specific circumstances, for example they might have a disability or be out of work. It is usually only available for people over 18 too.</p> <p><i>Do you think this is a fair approach?</i></p> <p>Prompt Qs</p> <ul style="list-style-type: none"> <li>• <i>Why do you/do you not think this is fair?</i></li> <li>• <i>If you don't think this is fair, what would you change about this way of doing things?</i></li> <li>• <i>(if over 18: in the future...) Do you feel like you would be able to get government support if you needed it?</i></li> </ul> <p>Some people want a new weekly payment that everyone would be entitled to. This could be anything from X-Y. This is called a Universal Basic Income.</p> <ul style="list-style-type: none"> <li>• <i>Does a Universal Basic Income sound like a good idea to you?</i></li> <li>• <i>Why does/doesn't it sound like a good idea?</i></li> </ul>	15 mins
Thanks and bye		Thanks and taster of next session	5 mins

## Workshop 2

### 1. Introduction

Thank you for joining us today. Just to recap, I'm [facilitator name] and I work for the Royal Society of Arts, an organisation that aims to understand the challenges of today in order to build a future that works for everyone. What we would like to do is to understand how money affects you and people your age.

Thanks again for participating in the first workshop. We have drawn upon our discussion from the first workshop to shape the workshop today. We will be talking about some things, like how you feel about yourself and your life that could be uncomfortable. Again, please only share what you feel comfortable sharing during today's workshop.

We really want to hear your views, and your opinions are so important to the study. But if you feel uncomfortable at any point and no longer want to take part, please message me by [facilitator contact details on online platform: Teams, etc.]. If you say that you don't want to take part in the particular question, I'll make sure that I don't ask you anything directly. If you want to leave the session completely, that's absolutely fine. If you prefer just to log off, that's also fine. If you can message me beforehand, that will mean I know it's not a technical issue so I won't try to get you back online.

I just need to tell you some information now, which is important for you to understand before we continue. This workshop is being carried out by the Royal Society of Arts on behalf of a study being undertaken by Daniel Nettle of Newcastle University, the Royal Society of Arts, Matthew Johnson and Elliott Johnson of Lancaster University, Kate Pickett of the University of York and Hannah Nutting of Born in Bradford. This study was approved by the Faculty of Medical Sciences Research Ethics Committee, part of Newcastle University's Research Ethics Committee. This committee contains members who are internal to the Faculty. This study was reviewed by members of the committee, who must provide impartial advice and avoid significant conflicts of interests. It has been approved by the Faculty of Medical Sciences ethics committee, Newcastle University. The Research Ethics Committee is a group of people at Newcastle University who try to ensure that studies like this are safe for everyone taking part.

If you choose to take part, it is possible that we will discuss things that could personally identify you. This is called 'personal data'. We may also discuss 'special category data', things like ethnic origin, religious belief, health status and disability. You do not have to discuss any of this information, but if you do, we will store this information in accordance with the UK General Data Protection Regulation (UK GDPR) as well as the Data Protection Act 2018. The information email we sent you before the session includes links to websites that provide more information.

We will be discussing mental wellbeing, which relates to how you feel about yourself and your life. Again, please don't feel that you have to discuss or answer anything that you are not comfortable with.

We will transcribe the discussion today from a recording of the video call and use the information you provide to understand how money affects young people's lives. We will not use your name in the transcription. Your name will be replaced with a code to ensure that you are not identifiable. The videos will be stored securely on secure university servers and password protected encrypted devices until transcription has been completed. They will be deleted once transcription is completed. We will only keep your personal data for as long as is necessary for the study. This will mean we delete any information that could identify you but keep the rest of the information.

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You will receive £30 in Love2shop vouchers as a thank you for taking part in this workshop.

Does everyone want to continue or would anyone like to log off at this point? If you do wish to log off, please do so now. There is no need to explain your reasons for doing so, but please feel free to message me at [facilitator contact details on online platform: Teams, etc.] if you have any questions or wish to talk.

### Workshop timings

Welcome	-	Welcome and check-in in chat bar	10 mins
Plenary	-	Recapping some of what we heard last week – particularly revisiting things people shared about (i) the sacrifices they make to get money/pursue interests; (ii) how people feel about how they get money and how they feel about their economic future and (iii) the impact on their relationships.	10 mins
Breakout #1 Larger groups (5 per group)	Impact of payments	If you were all given at least £X a week by government (this is called a UBI), how might this impact: <ul style="list-style-type: none"> <li>• What you do on a day-to-day basis (could share slide i)</li> <li>• How you feel (could share slide ii)</li> <li>• Your relationships with family members and/or parental figures (could share slide iii)</li> </ul>	30 mins
Breakout #2 Larger groups (5 per group)	Impact of payments	Potential downsides to a UBI.  Start by sharing any objections people raised in the survey at the end of the last session or reflecting back downsides raised in the previous discussion (share screen with notes?)  In breakout rooms discuss: <i>Can you think of any potential downsides or drawbacks of everyone having a UBI provided by the government?</i>  <i>Prompt Qs:</i> <ul style="list-style-type: none"> <li>• <i>How do you think this could be paid for and who would that impact?</i></li> <li>• <i>Could a UBI have any negative impact on people's health or behaviour?</i></li> <li>• <i>How do you think people who currently receive money from the government would feel about a UBI?</i></li> <li>• <i>How do you think people who would have to help to pay for this (taxpayers) would feel about a UBI?</i></li> </ul>	15 mins
Plenary feedback		<i>Think back to what we discussed at the end of the last session when we introduced a UBI. Has anything we have discussed so far changed what you think about a UBI?</i>	10 mins
Different models of UBI		Presentation on the three different models of UBI.	10 mins
Plenary discussion	Preference of method	<ul style="list-style-type: none"> <li>• Which of the models do you prefer and why?</li> <li>• Start by a poll/raise of hands?</li> <li>• Think back to the benefits you shared earlier – how would the different options help you to pursue your hobbies? How would the different models have different impacts on you?</li> </ul>	20 mins
Final survey	Preference of method	Final survey on the different options – final reflections and choice of preference	10 mins

Thanks and bye			
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## Post-workshop questionnaire

Survey 3: Post-workshop survey: Money, mental health and becoming an adult

### Survey Flow

**Block: Introduction and consent (1 Question)**

**Standard: 14-17 details (1 Question)**

**Standard: 18+ details (1 Question)**

**Standard: Do not consent (1 Question)**

**Branch: New Branch**

If

If This survey is only suitable for people aged 14-24. If you are aged 14-17, please ask your parent... I do not wish to take part in this survey, am not within the required age group or I look after a 14- to 17-year-old and do not consent to them taking part Is Selected

**EndSurvey: Advanced**

**EmbeddedData**

age = \${q://QID9/ChoiceTextEntryValue}

**Standard: Date of birth (1 Question)**

**Standard: Age (1 Question)**

**Branch: New Branch**

If

If Age (Please ignore this and do not change the number, it helps the survey to function. If the pag... Text Response Is Greater Than or Equal to 25

Or Age (Please ignore this and do not change the number, it helps the survey to function. If the pag... Text Response Is Less Than or Equal to 13

**EndSurvey: Advanced**

**Standard: Favoured UBI Scheme (2 Questions)**

**Standard: Imagined life under UBI (4 Questions)**

**Standard: Imagined life under UBI continued (4 Questions)**

**Standard: Concerns transitioning from education (1 Question)**

**Standard: Submission confirmation (1 Question)**

Page Break

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## Start of Block: Introduction and consent



**Q1.1 This survey is only suitable for people aged 14-24. If you are aged 14-17, please ask your parent or guardian to read this page and confirm that it is okay for you to take part.**

Thank you for taking part in the study so far. This survey focuses on some of the most important things we asked you about previously and how your answers might have changed after your workshop discussions about systems like Universal Basic Income. Further information about the overall study, including a copy of the consent sheet from the beginning of the study, can be found [here](https://bit.ly/3k2kybc) (bit.ly/3k2kybc).

You will receive £20 in Love2shop vouchers as a thank you for taking part in this survey.

If you have any questions or would like to take part using an alternative method, please contact [recruitment coordinator] at [email address].

If you have any questions about the study more generally, please contact [project lead] at [email address] or on [phone number].

- I am the parent/guardian of a 14- to 17-year-old**, I have read the information above, and I am happy for them to take part in this survey (1)
- I am aged 18-24**, I have read the information above, and I am happy to take part in this survey (2)
- I do not wish to take part in this survey, am not within the required age group or I look after a 14- to 17-year-old and do not consent to them taking part (3)

---

## End of Block: Introduction and consent

---

### Start of Block: 14-17 details

*Display This Question:*

*If This survey is only suitable for people aged 14-24. If you are aged 14-17, please ask your parent... = **I am the parent/guardian of a 14- to 17-year-old**, I have read the information above, and I am happy for them to take part in this survey*

Q2.1 Thank you for allowing the 14- to 17-year-old you look after to take part in this survey. Except for when a question specifically asks you to, please try to support the 14- to 17-year-old to answer questions rather than answering on their behalf.

Please provide your details below so we can match your answers with those you gave in the previous surveys.

Parent/guardian's first name(s) (1)

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Parent/guardian's last name(s) (2)

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Parent/guardian's email address (3)

---

Parent/guardians' phone number (4)

---

14- to 17-year-old's first name(s) (5)

---

14- to 17-year-old's last name(s) (6)

---

14- to 17-year-old's email address (7)

---

14- to 17-year-old's phone number (8)

---

End of Block: 14-17 details

---

Start of Block: 18+ details

*Display This Question:*

*If This survey is only suitable for people aged 14-24. If you are aged 14-17, please ask your parent... = **I am aged 18-24**, I have read the information above, and I am happy to take part in this survey*

Q3.1 Thank you for your consent to take part in this project. Please provide your details below so we can match your answers with those you gave in the previous surveys.

First name(s) (1) \_\_\_\_\_

Last name(s) (2) \_\_\_\_\_

Email address (3) \_\_\_\_\_

Phone number (4) \_\_\_\_\_

End of Block: 18+ details

---

Start of Block: Do not consent

*Display This Question:*

*If This survey is only suitable for people aged 14-24. If you are aged 14-17, please ask your parent... = I do not wish to take part in this survey, am not within the required age group or I look after a 14- to 17-year-old and do not consent to them taking part*



Q4.1 Thank you for your interest in taking part in the survey. As you do not want to take part, do not consent to the 14- to 17-year-old you look after to take part, or as you are not eligible, please click on the 'End survey' button at the bottom of the page.

If you would like us to make sure that you are not contacted again about this study, please type in the email address to which your invitation was sent so that we can remove you from all contact databases:

\_\_\_\_\_

End of Block: Do not consent

---

Start of Block: Date of birth



Q5.1 Please type in your date of birth in the box below using a DD/MM/YYYY format. For example, for 28th June 2005, type 28/06/2005.

\_\_\_\_\_

End of Block: Date of birth

---

Start of Block: Age



Q6.1 Age (Please ignore this and do not change the number, it helps the survey to function. If the page is stuck, please click the next button)

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End of Block: Age

---

Start of Block: Favoured UBI Scheme



Q7.1 What was your favoured UBI scheme for people aged 18+?

Scheme 1: £60 per week plus retention of existing welfare system

Click here for further details of Scheme 1

**Scheme 1: Low, introductory scheme** Part 1: An unconditional, guaranteed Universal Basic Income (UBI) of £60 per adult (18+) per week Part 2: A conditional system that assesses people's needs (disability, unemployment, etc.) and means (savings, wealth, etc.) to supplement UBI payments through Universal Credit and disability related benefits (Personal Independence Payment (PIP), Disability Living Allowance (DLA), etc.) locally assessed costs (rent, Council Tax, childcare, school dinners, etc.) The first £25 of UBI is disregarded for the assessment of Universal Credit/tax credits/means-tested benefits, so that each household – including those whose only income is from Universal Credit or benefits/tax credits – gets an income boost from the UBI programme.

Scheme 2: £145 per week plus retention of existing welfare system

Click here for further details of Scheme 2

**Scheme 2: intermediate scheme** Part 1: An unconditional, guaranteed Universal Basic Income (UBI) of £145 per adult (18+) per week Part 2: A conditional system that assesses people's needs (disability, unemployment, etc.) and means (savings, wealth, etc.) to supplement UBI payments through Universal Credit and disability related benefits (Personal Independence Payment (PIP), Disability Living Allowance (DLA)) locally assessed costs (rent, Council Tax, childcare, school dinners, etc.) The first £25 of UBI is disregarded for the assessment of Universal Credit/tax credits/means-tested benefits, so that each household – including those whose only income is from Universal Credit or benefits/tax credits – gets an income boost from the UBI programme.

Scheme 3: £229.81 per week with most of existing welfare system eliminated

Click here for further details of Scheme 3

**Scheme 3: Minimum Income Standard guarantee scheme** Part 1: An unconditional, guaranteed Universal Basic Income (UBI) of £229.81 per adult (18+) per week to meet Minimum Income Standard (MIS) levels for 2021: <https://www.jrf.org.uk/report/minimum-income-standard->

uk-2021 Part 2: A conditional system that supports disability-related needs (Personal Independence Payment (PIP), Disability Living Allowance (DLA,)) and locality-specific costs (housing, council tax, childcare, school dinners, etc.) All other benefits, including Carers Allowance, to be removed Because of the commitment to MIS, Council Tax Costs are included, but with reformed means of funding local authority costs that do not disproportionately benefit the better off Because of extreme geographical variation, housing, childcare and school meal costs will be excluded, but with reformed means of meeting those costs For reasons of complexity and political expedience, needs-based disability benefits remain, but with reformed assessment

- Scheme 1 (1)
  - Scheme 2 (2)
  - Scheme 3 (3)
- 

Q7.2 And what was your favoured UBI scheme for under 18s?

- 100% of £40 per week payment to **parent/guardian** (1)
- 50% of £40 per week payment to parent/guardian and 50% to under 18-year-old (2)
- 100% of £40 per week payment to **under 18-year-old** (3)

End of Block: Favoured UBI Scheme

---

Start of Block: Imagined life under UBI

Q8.1 Imagine life if your favoured Universal Basic Income scheme were introduced. You, your parents/guardians, the rest of your family and your friends would receive a guaranteed income each month no matter what. For the remaining questions, please imagine how things might be if you and your family received a Universal Basic Income.

---

Q8.2 Compared to your friends, would your family be richer, poorer or about the same?

- Richer (1)
- Poorer (2)
- About the same (3)
- Don't know (4)

---

*Display This Question:*

*If If Age (Please ignore this and do not change the number, it helps the survey to function. If the pag... Text Response Is Greater Than or Equal to 16*

Q8.3 How well would you say you would be managing financially under the scheme? Would you say you would be...?

- Living comfortably (1)
- Doing alright (2)
- Just about getting by (3)
- Finding it quite difficult (4)
- Finding it very difficult (5)

---

*Display This Question:*

*If If Age (Please ignore this and do not change the number, it helps the survey to function. If the pag... Text Response Is Greater Than or Equal to 16*



Q8.4 On a scale of 1 to 7 where 1 = 'Completely Dissatisfied' and 7 = 'Completely Satisfied', what number would best describe how dissatisfied or satisfied you would be with the **income of your household**.

- 1. Completely dissatisfied (1)
- 2. Mostly dissatisfied (2)
- 3. Somewhat dissatisfied (3)
- 4. Neither satisfied nor dissatisfied (4)
- 5. Somewhat satisfied (5)
- 6. Mostly satisfied (6)
- 7. Completely satisfied (7)

End of Block: Imagined life under UBI

---

Start of Block: Imagined life under UBI continued

Q9.1 When answering the questions below, remember that you are still imagining life under your favoured UBI scheme.

-----

Q9.2 To what extent do you think you would feel less or more stressed?

- A lot less stressed (1)
  - A little less stressed (2)
  - Neither more nor less stressed (3)
  - A little more stressed (4)
  - A lot more stressed (5)
  - Don't know (6)
-

Q9.3 To what extent do you think you would feel less or more anxious?

- A lot less anxious (1)
  - A little less anxious (2)
  - Neither more nor less anxious (3)
  - A little more anxious (4)
  - A lot more anxious (5)
  - Don't know (6)
- 

Q9.4 To what extent do you think your mood would be better or worse?

- Much better mood (1)
- A little better mood (2)
- Neither better nor worse mood (3)
- A little worse mood (4)
- Much worse mood (5)
- Don't know (6)

**End of Block: Imagined life under UBI continued**

---

**Start of Block: Concerns transitioning from education**

Q10.1 Please take 5 minutes to think about the potential impacts of UBI on your life. Please then take another 10 minutes to explain as clearly as possible those impacts in the box below. You can use as many words as you see fit. Where possible, please refer to real world examples to illustrate your ideas.

---

**End of Block: Concerns transitioning from education**

---

**Start of Block: Submission confirmation**

Q11.1 If you are happy to submit your answers, please click the 'End survey' button below.

#### End of Block: Submission confirmation

---

##### *12. End of survey (completed)*

Thank you for taking part in this final, post-workshop, survey and the study as a whole.

Further information about the overall study, including a copy of the consent sheet from the first survey and a debrief sheet, please click [here](https://bit.ly/3k2kybc) (bit.ly/3k2kybc). We will send you your Love2shop vouchers in the next two weeks.

If you have any questions about this survey or the Love2shop vouchers, please contact [recruitment coordinator] at [email address].

If you have any questions about the study more generally, please contact [project lead] at [email address] or on [phone number].

##### *13. End of survey (ineligible or opt out)*

Thank you for taking part in this post-workshop survey, we appreciate your taking the time to do so. As the study is not suitable for you or you do not want to take part, please close this window.

For more information on the study, please click [here](https://bit.ly/3k2kybc) (bit.ly/3k2kybc).

If you have any questions about this survey, please contact [recruitment coordinator] at [email address].

If you have any questions about the study more generally, please contact [project lead] at [email address] or on [phone number].

##### Debrief sheet

Thank you for taking part in 'Assessing the prospective impacts of Universal Basic Income on anxiety and depression among 14-24-year-olds', a Wellcome Trust funded research project (grant number 223553/Z/21/Z). Details on the overall project and the project team can be found [here](https://bit.ly/3k2kybc) (bit.ly/3k2kybc).

The information and views you have shared will be analysed and used in publications, such as academic journal articles and reports, and presentations. This research will lead to things like policy recommendations for government. You still have the right to withdraw at any time or change the permissions you have given us. If you would like us to delete any responses you give, we will do so as long as we can identify them as yours and the data has not yet been anonymised or included in aggregated results. We will send links to the final project outputs once they are available.

We appreciate your taking the time to participate in the study and all your contributions. We will send you your Love2shop vouchers to thank you for taking part in the next two weeks. If you have any questions about this, please contact [recruitment coordinator] at [email address].

We hope that taking part in this study has been a good experience for you. However, if you have any questions or concerns, please contact [project lead] at [email address] or on [phone number].

This study was approved by the Faculty of Medical Sciences Research Ethics Committee, part of Newcastle University's Research Ethics Committee. This committee contains members who are internal to the Faculty. This study was reviewed by members of the committee, who must provide impartial advice and avoid significant conflicts of interests. It has been approved by the Faculty of Medical Sciences ethics committee, Newcastle University.